

Health and Safety Guide

Attendees Mini Guide

Key points; Your health is our absolute priority

- Delphi Economic Forum VII has ensured a healthy environment for your safe attendance
- You will be required to demonstrate a Vaccination certificate OR a Certificate of recovery from SARS-CoV-2
- COVID-19 testing will be available upon request
- COVID-19 suspected or confirmed cases (if any) will be safely managed
- Health or other emergencies (if any) will also be directly and safely dealt with
- You are kindly asked to maintain a healthy behavior at all times

General Information on COVID-19

COVID-19 is a disease caused by SARS-CoV-2. Most people with COVID-19 have mild symptoms, but some people become severely ill. Older adults and people who have certain underlying medical conditions are more likely to get severely ill. Post-COVID conditions are a wide range of health problems people can experience four or more weeks after first getting COVID-19. Even those who do not become severely ill from COVID-19 may experience post-COVID conditions.



COVID-19 pandemic is still ongoing; it is spread in three main ways:

- Breathing in air when close to an infected person who is exhaling small droplets and particles that contain the virus.
- Having these small droplets and particles that contain virus land on the eyes, nose, or mouth, especially through splashes and sprays like a cough or sneeze.
- Touching eyes, nose, or mouth with hands that have the virus on them.

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus and people with COVID-19 may have symptoms such as fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting and diarrhea.

Greece has implemented a range of screening, contact tracing and isolation measures to limit the spread of COVID-19. The Delphi Economic Forum VII remains in compliance with all measures required by Greek health authorities.

The European Union Digital Covid Certificate

Attendees from EU member states and Schengen countries, as well as from the 35 non-EU countries that have joined the EU Digital Covid Certificate system, must hold a valid EU Digital COVID Certificate.

Attendees coming from **Australia, Canada and the United States of America** must display one of the following:

- a) Vaccination certificate (for those who have completed vaccination for COVID-19 at least fourteen (14) days before arrival) valid for 9 months after the completion of the basic vaccination and without time limit for travellers who have received the booster dose, or
- b) Proof of recovery from SARS-CoV-2 infection, issued 14 days after the day of the first positive COVID-19 test (PCR or Rapid Antigen test) and valid for 180 days thereafter, or

Kindly note that you will be asked to demonstrate a valid certificate upon entering the event. Negative PCR or Rapid Antigen test results will not be acceptable alternatives.

Prevention and General Precautions during Delphi Economic Forum VII

Delphi Economic Forum VII with the support of GEP has activated an assiduous COVID-19 prevention and management plan, ensuring that all attendees are provided with the highest level of health and safety provisions.

Kindly note that the following health and safety principles apply to ALL:

1. Healthy Behaviors to reduce COVID-19 spread

- **Stay home when appropriate**, either if you have been tested positive for COVID-19 or if you are still waiting for your COVID-19 results or you develop COVID-19 symptoms.
- **Keep physical distancing** by staying at least 1,5 meters away from other people, either attendees or staff, and by avoiding greeting others with physical contact (for example, handshakes).
- **Wear a mask** that fits completely over your nose and mouth when indoors. While on-hand FFP2 or FFP3 or N95 masks will be provided by staff, you are advised to make sure that you bring your own mask, specially when arriving onsite. Please note that if you have a speech to deliver, you will be allowed to take your mask off and use another one right after your speech is over. Mask use compliance will be monitored and ensured by staff for your safety.
- **Apply Hand Hygiene and Respiratory Etiquette** by frequently washing your hands, using a hands sanitizer and cover your mouth and nose when sneezing or coughing. Supplies adequacy will be ensured by staff.

2. Healthy Environment Maintenance

- **A cleaning and disinfection plan** ensures that all venue areas will be clean and disinfected before the event and an increased cleaning schedule will be applied by staff for your safety. All commonly touched areas will be cleaned and disinfected from one user to another.
- **QR code scanning** will be applied, ensuring that all attendees are free of fever.
- **A Safely Serving Food and Beverages Procedure** is in place, ensuring that all attendees demonstrate evidence of a valid COVID-19 Certificate for vaccination or recovery.



Prevention and General Precautions during Delphi Economic Forum VII

3. COVID-19 Testing

Delphi Economic Forum VII has secured a standing cooperation with GEP, thanks to which free COVID-19 rapid tests will be available at 2 specially set-up facilities, one in Delphi European Cultural Center, and another in Amalia Hotel Delphi. Testing will be available throughout the whole duration of the event:

- **Take a Rapid test on-site** if you have symptoms. A positive result shall mean that you should stay home and receive medical care as needed. A negative result indicates that COVID-19 was not detected during testing, nevertheless your symptoms require further medical care. Please refer to GEP's Health Professionals who will be happy to support you.
- **Take a PCR test on-site**, in case you are returning to a country where a negative molecular test for COVID-19 (PCR) is required before arrival. Please check in advance if the country-specific protocol requires the PCR test to be performed up to 72 hours before arrival or else. According to that, you can refer to GEP's Health Professionals to book an appointment that will ensure you have your result on the right time. Kindly note that PCR sampling shall take place every day and up until 2 pm, whereas 24 hours is a safe and essential period of time for the analysis and issuance of your result.

4. Suspected or Confirmed COVID-19 Case Management

In case you or another attendee develops COVID-19 symptoms or has a positive COVID-19 rapid-test result, Delphi Economic Forum VII will apply a procedure, according to national rules, in order to ensure public health and manage the case privately and respectfully.

- **A COVID-19 rapid test** will be delivered to an attendee presenting with fever or any other COVID-19 symptom.
- **Medical help** will be available on-site in case a suspected or confirmed case needs medical care. Delphi Economic Forum VII has ensured a constant ambulance service provided by Athens Medical Group, in order that all attendees receive instant and advanced care if needed.
- **Safe and quick** departure is a priority in case of a COVID-19 case.

5. Medical & Other Emergencies Management

- **Any medical emergency will be safely and efficiently managed** by Athens Medical Group health services. Rescue staff will provide pre-hospital care, first aid stabilization or ambulance transportation if needed.
- **An Escape and Evacuation plan** is in place, ensuring that you have the necessary support if evacuation is required.

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